13TH MPFI BIATHLE-TRIATHLE NATIONAL CHAMPIONSHIPS -2024

Kashipur, Uttarakhand, India

CIRCULAR

Dear State Secretaries& Officials,

The MPFI – Modern Pentathlon Federation of India, has the pleasure to invite a delegation of your State Association to participate in the 13th MPFI Biathle-Triathle National Championships to be held from 14th August 2024 to 18th August 2024 at Kashipur, Uttarakhand

This Championship will be considered as a Selection Trials for forthcoming UIPM Biathle/Triathle World Championship to be held at Port Said, Egypt from 9th October to 13th October 2024.

The National Championships 2024 will follow the program below:

Date	Time	Program
14th August 2024	11:00	Arrival of Delegations (All athletes & Officials must report in given time)
	TBA	Technical Committee Meeting
	19.00	Course Walk
15th August 2024	07.30	Reporting of Athletes
	08.15 - 08.45	Morning Session – Triathle Day I
	08.30 - 09.00	
	09.00 - 13.00	
	13.00 – 14.00	Lunch Break
	14.00 – 14.15	Warm up Session
	14.30 – 18.00	Afternoon Session – Triathle Day I
	18.30	
16th August 2024	07.30	Reporting of Athletes
	08.15 - 08.45	Morning Session – Triathle Day II
	08.30 - 09.00	
	09.00 - 13.00	
	13.00 – 14.00	Lunch Break
	14.00 – 14.15	Warm up Session
	14.30 – 18.00	Afternoon Session – Biathle Day II
	18.30	
17th August 2024	07.30	Reporting of Athletes
	08.15 - 08.45	Morning Session – Biathle Day III
	08.30 - 09.00	
	09.00 - 13.00	
	13.00 – 14.00	Lunch Break
	14.00 – 14.15	Warm up Session
	14.30 – 18.00	Afternoon Session – Biathle Day III
	18.30	
18th August 2024	07.30	Reporting of Athletes
	08.15 - 08.45	Morning Session – Biathle Mix Relay Day IV
	08.30 - 09.00	Biathle for all
	09.00 - 13.00	
	13.00 – 14.00	Lunch Break
	14.00 – 14.15	Warm up Session
	14.30 – 18.00	Afternoon Session – Triathle Mix Relay Day IV
Please note that above schedule is tentative, MPFI reserves right to change it		

A. Competition Rules & Regulations:
The competition will be carried out according to the UIPM competition norms and relevant guidelines. Age Categories and distances are as per UIPM rules. Refer following URL for information.
http://www.uipmworld.org/sites/default/files/Biathle_Triathle_rules_final_digital.pdf

Notes:

1) All the events will be held on Time Trial Basis.

2) Athletes recommended / Registered by their state association based on the qualification from respective states

3) State where State Association is not registered / Exist, MPFI reserve right to decide qualification and registration of the athletes.

B. Venue:
The competitions are to be held Little Scholars, Bhalla Farm, Ramnagar Road Pratappur, Dist, Kashipur, Uttarakhand 244716.

Google Map Link: https://maps.app.goo.gl/78Eq9tCMWziEL6UGA

C. Events:
1. Triathle: Shooting-Swimming-Running
2. Biathle: Running-Swimming-Running
3. Biathle for All: Running-Swimming-Running. Amateur athletes like Parents, Coaches and Supporters can participate in this category

D. Competition Clothing & Equipments:
Athlete should abide with the norms laid down by UIPM regarding competition clothing. Unreasonable clothing is not allowed.

1. **Biathle & Triathle:**

Wearing Biathle Suit is preferable or Athletes should wear a one or two-piece suit. In all cases, the upper body part must be covered. Footwear must be worn in the entire course including shooting except swimming.

2. **Equipment Support:**

12 Laser Pistols & Targets will be provided by the MPFI during competition. Individual athletes are welcome to use their own pistols as per UIPM norms.

3. **Course:**
    - Running: On Clay/Grass/Cement/Track/Tar Road/Ground in Loops.
    - Shooting: 12 Laser Pistols & Targets.
    - Swimming: 25 mts. Swimming Pool.

E. Food, Accommodation & Local Transportation:

Participating teams/athlete will be responsible to arrange their own Food, Accommodation & Local Transportation, however LOC Uttarakhand is offering various stay and food options along with local transportation from nearest railway station in affordable budget. For details please contact them and confirm your requirement before 25th July 2024

LOC Contact Person : Mr Dayal Singh
LOC Contact info. : +91 7500428300
LOC Email : mpauttarakhand@gmail.com

Official's Accommodation, Food and Transportation:

Accommodation will be provided near the venue on triple sharing basis from 14th August from 11.00 AM onward till 19th August 2024 11.00 AM to all State Secretaries and Working Officials with a prior intimation on or before 1st August 2024. Food will be served near to accommodation/competition venue. All official will be provided Sleeper Class Train Ticket charges in terms of reimbursement from their origin to train station nearest to competition venue.

F. Entry Fees:

State Associations can register athlete as per their qualification criteria:

1) Triathle Elite Division: Rs.1500/- A Entry up to 4th August 2024.
2) Triathle Elite Division: Rs.2000/- B Entry from 5th August to 10th August 2024.
3) Biathle Elite Division: Rs.1000/- A Entry up to 4th August 2024.
4) Biathle Elite Division: Rs.1500/ B Entry from 5th August to 10th August 2024.
5) Spot Entry : Spot Entry for both Biathle/Triathle will be accepted B Entry + 1000 Penalty only on 14th August 2024 before 5.00 PM. After 14th August 2024 (5.00 PM) no entry will be accepted.

Note:-

1. Any changes in existing entry after 14th August 2024 (5.00 PM) will be penalized Rs. 500/- for each change.
2. Certificate will be prepared as per the entry submitted, no correction will be allowed after certificate will be issued

G. Entry Form:

There are five separate Excel sheets in one file
Two each for Biathle & Triathle. One for Biathle & Triathle and one for Officials.
All State Associations / Teams / Individuals must fill up entries in enclosed Excel sheet **ONLY** and should be sent via e-mail **ONLY** on or before 10th August 2024 on mpfichampionships@gmail.com this email address will be non-operational after 23.59 pm of 10th August 2024.

Entries will not be entertained if submitted by any other mode or in different format. Association/Team is liable to pay entry fees for absent athlete. Payment details will be intimated once entries are received.

H. Schedule of Events:

Schedule of the events is mentioned at the start of the circular enclosed. The heat sheet will be issued well in time. Participates and officials are advised to check their WhatsApp &/or email on previous day of competitions for final program.

I. Reporting:

All athletes, Teams and Coaches must reach Kashipur, Uttarakhand to their respective accommodation place on 14th August 2024 before 11.00 AM. There will be no repeated calls for the event and announcement of names of any individual athlete. The athlete must report to the Marshall 1 hour before the Event Start Time for Body Marking.

J. Protest:
Protest if any, should be lodged within 30 minutes of declaration of result / completion of event along with Protest fee of Rs. 500/- through State Official in writing.

K. Jury of appeal:
Jury of appeal appointed by the MPFI will consist of representatives of 2 different states and 1 from LOC. Names of judges of Jury of Appeal will be displayed during technical meeting.

L. Doping:
All athletes should adhere to the norms laid down by NADA and WADA.

M. Awards:
Merit Certificate & Medals will be awarded to Three Ranked athletes of each age group. Participation certificate will be given to each athlete who completes the course as per rules. Participants of Biathle for All will be granted separate Certificates & Medals.

N. Passport:
It is advisable to all participant should apply passport with immediate effect upon confirm their participation in Nationals. Selected athlete must submit the copy of passport to MPFI within one day after upon selection.

O. Insurance:
According to UIPM Rules, all members of attending delegations should insure themselves in case of accidental injury or illness. The organizer will not accept any responsibility financial or other, for any loss, injury or illness of any member of the delegation during or in connection of the competition.

P. Selection for World Championship:
This National Championships is considered as a Selection Trials for the selection of Indian Team Coaching Camp for forthcoming UIPM Biathle/Triathle World Championships 2024.
First 7 ranked Athletes in each age category will qualify for the Indian Team Coaching Camp with the approval of Selection Committee considering the timings. This selection purely depends on athlete's standing, completion of necessary formalities & submission of documents in stipulated time. MPFI does not guarantee issuance of VISA.

We look forward to see you at Uttarakhand in May 2024.

Best Regards,

Mr. Vitthal Shirgaonkar
Secretary General MPFI

Mrs. Sadhya Paliekar
Hon. President MPFI

TRIATHLE
Age group and Event Course

Sr. No.	Group	Age Group	Sequence of Event	Total Run	Total Swim	Total Hits	Shooting Distance
1	Senior Men	22 - 39 (1985-2002)	5x600 run + 4x50 swim + 4x5 hits	3000	200	20	10m
2	Senior Women	22 - 39 (1985-2002	5x600 run + 4x50 swim + 4x5 hits	3000	200	20	10m
3	Junior Boys	19-21 (2003-2005)	5x600 run + 4x50 swim + 4x5 hits	3000	200	20	10m
4	Junior Girls	19-21 (2003-2005)	5x600 run + 4x50 swim + 4x5 hits	3000	200	20	10m
5	Under 19 Boys	17-18 (2006-2007)	5x600 run + 4x50 swim + 4x5 hits	3000	200	20	10m
6	Under 19 Girls	17-18 (2006-2007)	5x600 run + 4x50 swim + 4x5 hits	3000	200	20	10m
7	Under 17 Boys	15-16 (2008-2009)	4x600 run + 4x50 swim + 4x5 hits	2400	200	20	10m
8	Under 17 Girls	15-16 (2008-2009)	4x600 run + 4x50 swim + 4x5 hits	2400	200	20	10m
9	Masters A Men	40-49 (1975-1984)	3x600 run + 2x50 swim + 3x5 hits	1800	100	15	10m
10	Masters A Women	40-49 (1975-1984)	3x600 run + 2x50 swim + 3x5 hits	1800	100	15	10m
11	Masters B Men	50-59 (1965-1974)	3x600 run + 2x50 swim + 3x5 hits	1800	100	15	10m
12	Masters B Women	50-59 (1965-1974)	3x600 run + 2x50 swim + 3x5 hits	1800	100	15	10m
13	Under 15 Boys	13-14 (2010-2011)	3x600 run + 2x50 swim + 3x5 hits	1800	100	15	5m
14	Under 15 Girls	13-14 (2010-2011)	3x600 run + 2x50 swim + 3x5 hits	1800	100	15	5m
15	Masters C Men	60 and Over (1964 & Earlier)	2x600 run + 2x50 swim + 2x5 hits	1200	100	10	5m
16	Masters C Women	60 and Over (1964 & Earlier)	2x600 run + 2x50 swim + 2x5 hits	1200	100	10	5m

TRIATHLE
Age group and Event Course

Sr. No.	Group	Age Group	Sequence of Event	Total Run	Total Swim	Total Hits	Shooting Distance
17	Under 13 Boys	11 -12 (2012-2013)	3x300 run + 2x50 swim + 3x5 hits	900	100	15	5m
18	Under 13 Girls	11 -12 (2012-2013)	3x300 run + 2x50 swim + 3x5 hits	900	100	15	5m
19	Under 11 Boys	9 -10 (2014-2015)	2x300 run + 2x25 swim + 2x5 hits	600	50	10	5m(Both Hands)
20	Under 11 Girls	9-10 (2014-2015)	2x300 run + 2x25 swim + 2x5 hits	600	50	10	5m(Both Hands)
21	Under 9 Boys	8 & Younger (2016 & Later)	2x200 run + 2x25 swim + 2x5 hits	400	50	10	5m(Both Hands)
22	Under 9 Girls	8 & Younger (2016 & Later)	2x200 run + 2x25 swim + 2x5 hits	400	50	10	5m(Both Hands)

BIATHLE DAY
Age group and Event Course

Sr. No.	Group	Age Group	Event Distance
1	Seniors Men	22 – 39 (1985-2002)	1600 mts run – 200 mts swim – 1600 mts. Run
2	Seniors Women	22 – 39 (1985-2002)	1600 mts run – 200 mts swim – 1600 mts. Run
3	Junior Boys	19-21 (2003-2005)	1600 mts run – 200 mts swim – 1600 mts. Run
4	Junior Girls	19-21 (2003-2005)	1600 mts run – 200 mts swim – 1600 mts. Run
5	Under 19 Boys	17-18 (2006-2007)	1600 mts run – 200 mts swim – 1600 mts. Run
6	Under 19 Girls	17-18 (2006-2007)	1600 mts run – 200 mts swim – 1600 mts. Run
7	Under 17 Boys	15-16 (2008-2009)	1200 mts run – 200 mts swim – 1200 mts. Run
8	Under 17 Girls	17-18 (2008-2009)	1200 mts run – 200 mts swim – 1200 mts. Run
9	Under 15 Boys	13-14 (2010-2011)	800 mts run – 100 mts swim – 800 mts. Run
10	Under 15 Girls	13-14 (2010-2011)	800 mts run – 100 mts swim – 800 mts. Run
11	Masters A Men	40-49 (1975-1984)	1200 mts run – 100 mts swim – 1200 mts. Run
12	Masters A Women	40-49 (1975-1984)	1200 mts run – 100 mts swim – 1200 mts. Run
13	Masters B Men	50-59 (1965-1974)	1200 mts run – 100 mts swim – 1200 mts. Run
14	Masters B Women	50-59 (1965-1974)	1200 mts run – 100 mts swim – 1200 mts. Run
15	Masters C Men	60 -69 (1955-1964)	800 mts run – 100 mts swim – 800 mts. Run
16	Masters C Women	60 -69 (1955-1964)	800 mts run – 100 mts swim – 800 mts. Run
17	Under 13 Boys	11 -12 (2012-2013)	400 mts run – 50 mts swim – 400 mts. Run
18	Under 13 Girls	11-12 (2012-2013)	400 mts run – 50 mts swim – 400 mts. Run
19	Under 11 Boys	9-10 (2014-2015)	400 mts run – 50 mts swim – 400 mts. Run

20	Under 11 Girls	9-10 (2014-2015)	400 mts run – 50 mts swim – 400 mts. Run
21	Under 9 Boys	7-8 (2016 & Later)	200 mts run – 50 mts swim – 200 mts. Run
22	Under 9 Girls	7-8 (2016 & Later)	200 mts run – 50 mts swim – 200 mts. Run
23	Biathle for All Men	Open	200 mts run – 50 mts swim – 200 mts. Run
24	Biathle for All Women	Open	200 mts run – 50 mts swim – 200 mts. Run

Note: Athlete must finish the race in order to eligible for the Merit/Participation certificates.

i) The age of the Pentathlete will be counted by subtracting the year of birth from the year of the competition. Months and days will not be taken into account.

ii) Except for Masters competitions, a pentathlete may compete in the age group immediately higher than his age group. With permission from the MPFI in written 7 days before, a pentathlete may compete in any higher age group.